

WORKSHOP · VU AMSTERDAM

## Dussehra Within

What if our greatest challenge is not knowing what is right, but choosing it when it matters? Using the story of Rama and Ravana as a mirror for modern life, this interactive workshop explores why knowledge and intelligence alone do not lead to wisdom, and what it takes to consciously choose and live our Dharma.

**20 OCTOBER 2026**

**16:15–17:15 CEST**

**Flexible classroom - room to be announced**

20 October · VU Amsterdam · Bilingual Dutch/English

**WITH**



**Monique Baidjnath-Badloe**

**Facilitator**

The White Umbrella

Through guided reflection, experiential exercises and dialogue, explore how ego, attachment, desire, fear and the need for control can influence judgement and action. Formulate one concrete way to bring greater alignment between inner awareness, right action and your contribution to the world.

**Join the conversation**

**FREE PARTICIPATION · REGISTER TO JOIN**

**livingdharma2026.omrise.net**

