

SPECIAL TRACK · SPIRITUALITY IN MANAGEMENT

Meditation Workshop

A workshop exploring meditation as a practice within Living Dharma.

19 OCTOBER 2026

18:40–20:10 CEST

IST 19 Oct 22:10–23:40 · AEDT 20 Oct 03:40–05:10

EDT 19 Oct 12:40–14:10 · PDT 19 Oct 09:40–11:10

IN CONVERSATION WITH



Prejaas Kavish Tewarie

Panelist

Contributor to the conversation on Meditation Workshop.



Gaetan Mourmant

Panelist

Educator and data-analysis specialist, joining the workshop to explore meditation within Living Dharma.

MODERATED BY



Ngoc-Tran Pham

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