

MAIN CONFERENCE TRACK · ONLINE

Living Dharma and Ayurveda: Well-Being's Spiritual dimension

Explore the spiritual dimension of well-being through Ayurveda and everyday life.

20 OCTOBER 2026

08:00–09:30 CEST

IST 20 Oct 11:30–13:00 · AEDT 20 Oct 17:00–18:30

EDT 20 Oct 02:00–03:30 · PDT 19 Oct 23:00–20 Oct 00:30

IN CONVERSATION WITH



Dr. Tushar Dashora

Panelist (video)

Dr. Tushar Dashora contributes to Living Dharma and Ayurveda: Well-Being's Spiritual dimension.



Mala Kapadia

Panelist

Mala Kapadia contributes to Living Dharma and Ayurveda: Well-Being's Spiritual dimension.

MODERATED BY



Ankur Joshi

Banasthali Vidyapith

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