

Understanding and Defining Hindu and Integrative Spiritual Care

- Dharma
- Spiritual care
- Tarka

THE IDEA IN ONE MINUTE

Uses the Hindu Tarka method to define spiritual care for contemporary organisations and practice.

1

Grounds care in Hindu knowledge traditions

2

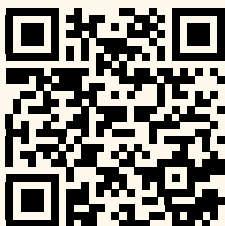
Connects personal meaning with professional practice

3

Offers a usable integrative definition

WHY THIS MATTERS FOR LIVING DHARMA

Knowledge becomes dharmic when it strengthens responsibility, wise action and care for the interconnected whole.



READ THE PUBLICATION

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